

## *Session Agenda - April 20, 2023*

- 3:00 PM I. Welcome – Andrea Schara
- 3:15 PM II. Introduction of Catherine Rakow and questions to her - Priscilla Friesen to facilitate
- 4:15 PM III. Break –5 minutes
- 4:20 PM IV. Concepts and ideas that continue to intrigue? 5 minutes each - Kathy Wiseman to facilitate
- Andrea Schara - The language of non-mothering and "What would be another word for Differentiation?"
  - Priscilla Friesen- "The belief that each person has their own life force and will have a direction for self"
  - Kathy Wiseman- Rethinking the way "helping" interferes with growth. From the reports of the staff relating to families. Implications in my life.
  - Jane Gottesman
  - Sandra Rutenberg
  - Others
- 5:20 PM V. Closing Thoughts - Andrea Schara

### Questions to Catherine Rakow:

1. What were the most difficult things for her to write about in the book? What were the contradictions she had to think through as part of her process?
2. What were the most interesting details about Bowen's life that she discovered as part of writing the book?
3. What impact does she think this project had on her life and her functioning?
4. At this time in Dr. Bowen's life and research, was he invested in the implications of his work on the field of mental health?
5. In light of the rich access she has had to archival materials what ideas does Catherine have about topics or idea-threads for future articles?
6. Has her own thinking changed in ways that have surprised her?